
School Sport Policy



Let Your Light Shine

2013
to be reviewed

2016

SCHOOL SPORT POLICY

The Diocesan Policy titled Sport & Recreation developed by the Catholic Schools Office in 1992 (along with DET Guidelines 2001) has directly informed procedures for St James' Primary School and is used as the basis of this documentation.

RATIONALE

Sport is an important part of the Australian culture. St Francis Xavier's Primary School is committed to providing quality sport and sporting activities in a safe environment.

St Francis Xavier's Primary School promotes an inclusive sporting culture, while at the same time acknowledges and supports those students who excel in their chosen sporting field.

St Francis Xavier's Primary School St James' Primary School acknowledges the importance of sport and physical activities, encouraging all members of the school community to participate in effective and regular physical activity.

St Francis Xavier's Primary School acknowledges that sport as an aspect of the school curriculum is an integral part of an individual's development, requiring physical involvement in organized games or activities with an accepted set of rules.

AIMS

The aims of the School Sport Policy are to promote amongst students, staff and parents:

- Positive attitudes towards regular daily physical activity.
- Education on the importance of regular physical activity.
- Personal responsibility for and decision-making about physical activity.
- The values and importance of team sports.
- The success and achievements of individuals and team events.
- An inclusive sporting culture for all students.

As well as opportunities for:

- Participation, enjoyment and skill development of all students
- Students to gain confidence and develop a variety of skills for participation in lifelong learning, recreation and sporting activities.
- Competition in sport which stimulates and challenges students.

IMPLEMENTATION

The purpose of this policy is to ensure that all students attending our school participate in regular physical activity and are provided with quality sporting and physical activities.

This policy will be achieved through:

- Students participating in 2 hours of physical activity per week (see Programming Policy & Time Allocation Guidelines).
- Staff involved in the sporting programme being aware of all regulations and guidelines in regards to that activity.
- Students informed of rules and regulations that affect them
- Sporting activities are to be managed with care and attention to the safety of all participants
- Staff who manage or coach students in sporting activities receiving appropriate training skills and techniques
- Students who participate in sporting activities be appropriately prepared for their level of involvement
- Equipment being appropriately stored, maintained and used safely and correctly.
- Students and staff being informed of the regulations affecting sporting activities and events
- Ensuring that risk management principles have been applied to the activity
- Ensuring that all participants are wearing appropriate personal protective equipment, including clothing and footwear.
- Ensuring that all participants participate in activities appropriate to their level of development.
- Staff having knowledge of participants pre-existing medical conditions or disabilities and can attend to the special needs of those participants
- Parental permission for a student's participation being granted where appropriate
- Providing adequate first aid procedures and equipment
- All equipment being returned to the appropriate storage area at the conclusion of the activity.

BUDGET

To set an appropriate amount from within the annual school budget that will ensure the effectiveness of this Policy.

EVALUATION

For this policy to be effective, it is necessary to monitor and evaluate its implementation. It is important for the staff to monitor and promote physical activity in the school community and seek improved outcomes for students, including fitness and the ability to participate in a variety of sports.

This policy will be reviewed every 3 years or as required by CSO or Board of Studies amendments.

This will be done by:

- the teaching staff
- other nominated personnel

The Assistant Principal is responsible for the co-ordination of policy reviews.